



# May 2006 Newsletter

## COMMUNITY SERVICE REQUIREMENT

*For those required to complete Service hours, you must turn in your service affidavit by the 10th. If you do not have an affidavit, come by the office and pick one up.*

## MOTHER'S DAY/ FATHER'S DAY POTLUCK LUNCH

This year we are going to celebrate Mother's Day and Father's Day together. Housing Authority will supply the meat, cake, and drinks. **Bring a vegetable or salad dish, NO SWEETS**, and join us on this special occasion at the Ellis Center. If you wish to come to this, **YOU MUST SIGN UP** by May 19th.

## NOTICE!!!!

Please take note of the attached NOTICE, these are reminders of regulations that pertain to the summer months.

Effective May 1, 2006 the office will be closed during the lunch hour...Noon to 1 p.m.

The Housing Authority encourages all residents to carry renters insurance. Our insurance covers only the building not the contents that belong to you.

Some residents voiced a concern regarding emergency personnel being able to get in your apartment in case you are ill. The police department has a master key and if they are not able to get in they have an emergency call number just as you do for emergencies and my staff will respond and let them in. However, we are not able to get through the screen door so lock your back screen and back and front door but leave your front screen door unlocked. If all else fails we will not hesitate to break the door in, but this is a last resort.

## LIBRARY NOTICE

The Calloway County Public Library will be CLOSED for inventory starting Monday, May 2 and will reopen Monday, May 8.

The Library books have been removed from the Ellis Center during this inventory. If you have a library book and are finished with it, please return it to the Ellis Center or the office. If you are still reading it, please call the office with the title of the book that you have checked out.

**Happy Mother's Day &  
Father's Day**

## YOUTH PROGRAM INTERN

My name is Jamie Jones and I am a student at Murray State University. I am very excited to serve the Housing Authority of Murray as their summer youth program intern. Kids for Character is a new summer program open to ages eight through twelve that will begin June 21st and last until July 28th. The goal of the program is to promote character among youth through fun, games, and guest speakers throughout the community. More information about Kids for Character will be given to you soon, and I look forward to meeting each and every one of you during my time at the Housing Authority of Murray.

## **ROVING RESIDENT REPORTER** by Marie Whittemore

### **KENTUCKY TRIVIA**

Teacher Mary Wilson held the first observance of Mother's Day in 1887 in Henderson, Kentucky. It was made into a national holiday in 1916.

### **FLAVOR BOOST**

For tastier powdered milk prepare as directed but add a splash of vanilla flavoring; both the taste and aroma will be improved.

### **THOUGHT FOR THE DAY**

The years go by too quickly to waste them in silent prisons of unforgiveness. Sometimes the hardest person to forgive is.... yourself.

### **IT'S ALL THERE !**

One half block north of Courthouse Square on 4<sup>th</sup> Street is a thrift shop – Cradle and All. The ALL refers to everything other than baby items. The shop is open Mon – Fri 10 – 5 and Sat from 10-3. Special sales are nearly always in progress. (I got a nifty pair of slacks for 50 cents.)

### **KID'S CORNER**

What do you get when you cross a Spaniel, a Poodle, and a rooster?

A cockapoodledoo

### **COMPUTER CLASSES**

There was a good turnout for the eBay computer class taught by DeLisa Peoples. Watch this newsletter for upcoming computer classes. They are free to residents, fun and informative.



### **THAT WILD FLAVOR**

At a recent pot luck in the Ellis Center which always includes very tasty food the hit of the evening was... turnip greens! These had been gathered in the wild. A true Kentucky delicacy, there are many uses for wild turnips – used for buffalo grazing, roots were used in the old days for making hand cream, the tops can be braided like onions for kitchen décor. Marvelous !

### **COALITION**

A nice ride, free savory lunch and informative speakers were the order of the day at the recent Western KY Regional Coalition in Paducah.

For the next meeting, to be held in Henderson, mark your calendars for 11 July.

Your questions regarding living in public housing are welcomed at these meetings and your voice counts !

Speaking of counting, as in counting one's blessings, I happened to see a monthly calendar for another housing authority. For the entire month there were only two activities, a bingo game and a movie. Let's be sure to thank our staff for all they do in providing many activities for us and for keeping our surroundings looking good.

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## ROSS PROGRAM INFORMATION *(Seniors and/or Disabled)*

### BIRTHDAY LIST

|                  |      |
|------------------|------|
| Janice McKinney  | 5/1  |
| Joanna Harris    | 5/1  |
| Amy Riggins      | 5/10 |
| Earlene Darnall  | 5/19 |
| Patricia Rice    | 5/19 |
| Jerry Mitchuson  | 5/26 |
| Linda Sanders    | 5/27 |
| Kimberly Barnard | 5/28 |
| Lenda Easley     | 5/29 |
| Anna Pannel      | 5/30 |



### ACTIVITIES FOR MAY

**If you sign up for activities and then need to cancel, you have to call the office so someone on the standby list is able to go. You can start signing up for the activities on May 1st at the office.**

**In the event that we have a lack of participation, the event will be cancelled.**

**If you need to be picked up for these activities with the exception of movie, game, or senior social nights, please call the office the day before the event.**

**REMINDER: THERE ARE NO CHILDREN ALLOWED AT THESE ACTIVITIES.**

**SHOPPING TRIPS:** As gas prices continue to soar, you can save some money by shopping with us. You do not have to sign up for this. Just meet us at the Ellis Center prior to departure.

**MOVIE NIGHTS AND GAME NIGHTS:** When we have a movie night or game night, please join us for some good fellowship with other residents. We have lots of games for people to play.

**KY DAM VILLAGE BINGO:** If you would like to get away to play Bingo, then you will enjoy this Bingo at KY Dam. Bring your camera, the Eagle may still be at its nest. If your camera does not have a zoom, it will not bring it in close enough to take a picture. **YOU MUST SIGN UP.**

**PARIS, TN NURSING HOME VISIT:** We will be visiting Bill Rumpfelt this month. Lunch will be at your expense.

**IMPORTANCE OF HUMOR: LAUGH, LAUGH, AND LAUGH!!!:** We will be having a speaker to talk about how important it is to have laughter in your life. Lunch will be provided. **YOU MUST SIGN UP.**

**BIRTHDAY BASH BINGO:** Come and celebrate the May Birthdays. Along with the celebration, we will have Bingo.

## ROSS PROGRAM INFORMATION *(Seniors and/or Disabled) (Cont)*

**REELFOOT LAKE PONTOON BOAT CRUISE:** If you would like to go for a cruise on the Reelfoot Lake and learn some history about the lake, then you won't want to miss out on this. The cruise is handicap accessible, but there are no bathrooms on the pontoon. The cruise is 3 hrs long. You will be responsible for bringing your own sack lunch. We will have a cooler for you to put your lunch in to keep it cool. We will have our picnic in the park after the cruise. We will provide the drinks. Bring your camera! **YOU MUST SIGN UP.**

**CRAFTS:** If you are planning to participate in craft day, **YOU MUST SIGN UP by May 5th** so appropriate amount of materials can be purchased.

**FORT CAMPBELL MUSEUM/CLARKSVILLE MALL:** We will be visiting a military museum at Fort Campbell. If you have never been to Army Base and would like to see one, then you will enjoy this trip. We will also go to the Clarksville Mall for you to do some shopping. Lunch will be on your own at the mall. Bring your camera! **YOU MUST SIGN UP.**

**HEALTH DEPARTMENT:** If you would like to have your Blood Pressure or sugar level checked, please come to this. **REMINDER: You can't have anything to eat for your sugar to be checked. This is only for our elderly and/or disabled residents. If you attend this without being ROSS eligible, YOU will have a bill sent to you by the Health Department.**

**MOTHER'S/FATHER'S DAY POTLUCK:** We are having a combination Mother's Day and Father's Day potluck for all the Mothers and Fathers in housing. Bring only a salad or a vegetable. Housing will supply the meat, drinks, and cake. Come and celebrate with us. **YOU MUST SIGN UP** by May 19th.

# Kids

# for Character

summer program

## June 21st-July 28th

Monday through Friday  
1:30-3:30 PM  
Ellis Center

Kids for Character is a program designed to promote character among youth through acts of community service. The program is open to ages eight through twelve and will focus on the six pillars of character established by the national Character Counts program.

**Come join us for fun and games, guest speakers,  
and community service projects!**

Please direct any questions to Jamie Jones at 753-5000 ext. 307



# May 2006



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

|    |                                                                         |                                                      |                                                               |                                                                                                                                                                                                     |                                                                     |                     |
|----|-------------------------------------------------------------------------|------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|---------------------|
|    | 1                                                                       | 2                                                    | 3                                                             | 4                                                                                                                                                                                                   | 5                                                                   | 6                   |
|    |                                                                         |                                                      | KY Dam Village Bingo<br>10:30 am                              | Walmart<br>9:30 am<br>Movie/Popcorn<br>4:30 pm                                                                                                                                                      | Relay for Life at MSU<br>Stadium<br>Last Day Rent Due by<br>3:30 am | City Wide Yard Sale |
| 7  | 8                                                                       | 9                                                    | 10                                                            | 11                                                                                                                                                                                                  | 12                                                                  | 13                  |
|    | Peddler's Mall/Fred's<br>9:30 am<br>Rent Late Charge<br>of \$30 applied | Budget Class at<br>Needline<br>5 pm                  | Paris Rest Home<br>10 am                                      | Importance of Humor:<br>Laugh, Laugh, and<br>Laugh!!!<br>(Speaker)<br>10:30 am                                                                                                                      | Birthday Bash/<br>Bingo<br>1:30 pm                                  |                     |
| 14 | 15                                                                      | 16                                                   | 17                                                            | 18                                                                                                                                                                                                  | 19                                                                  | 20                  |
|    | *<br>Fred's/<br>Sav-a-Lot<br>9:30 am                                    |                                                      | *<br>Senior Commodities<br>and USDA Food<br>Delivery<br>10 am | *<br>Reelfoot Lake<br>Pontoon Boat<br>Cruise/Sack Lunch<br>7:30 am                                                                                                                                  | *<br>Crafts<br>10 am<br>Game Night<br>5 pm                          |                     |
| 21 | 22                                                                      | 23                                                   | 24                                                            | 25                                                                                                                                                                                                  | 26                                                                  | 27                  |
|    |                                                                         | Fort Campbell<br>Museum/<br>Clarksville Mall<br>8 am |                                                               | *<br>Health Dept<br>9 - 10 am                                                                                                                                                                       | Mother's Day/<br>Father's Day<br>Potluck Lunch<br>11 am             |                     |
| 28 | 29                                                                      | 30                                                   | 31                                                            | * Ross Senior/Disability Activities in Blue and<br>Events held at 630 Ellis Drive<br>Office News in Red<br>All Resident Activities in Green<br>Community News in Black<br>Computer Classes in Brown |                                                                     |                     |
|    | <br>Office<br>Closed                                                    | *<br>Walmart/<br>\$ Tree<br>9:30 am                  |                                                               |                                                                                                                                                                                                     |                                                                     |                     |